



THE LUMJUM-BODY PILLOW

www.carinagardner.com

fabrics shown from Carina Gardner's Coquette™ for Northcott

projects

LumJum - Body Pillow

MATERIALS LIST

- Scissors
- 24 in. (2/3 yard) Coquette - Budding
- 12 in. Coquette - Triple Dot in Moss
- 12 in. Light Blue 100% Cotton Material
- 46 in. Piping
- 2-3 Bags Stuffing

*Pillow shown in the sample is built with 24 in. height. Feel free to make this as large or small as you desire.
For every inch added to the height of the pillow add 1/2 in. to the circle size as well as adding length of each material.

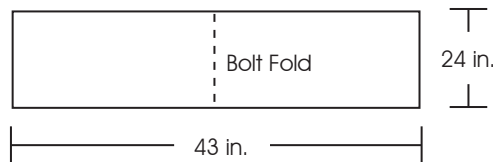


STEP 1



Cut Coquette - Budding to 24 in. in height or desired height.

* Sample is cut to 43 in. (width) x 24 in. (height). This includes the folded side of the yard.

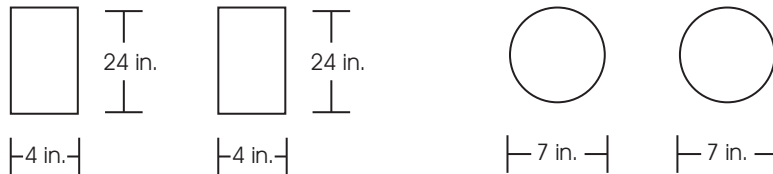


STEP 2



Cut Coquette - Triple Dot in Moss into two panels and two circles.

* Remember to adjust sizes if you make pillow larger.



STEP 3



Cut Light Blue 100% Cotton into two 24 in. (width) x 2 in. (height) strips.

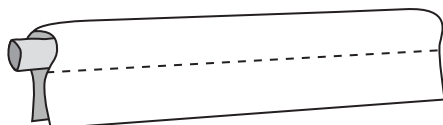
* Remember to adjust sizes if you make pillow larger.



STEP 4



Cut piping to two 24 in. lengths then sew Light Blue material around it.



LumJum - Body Pillow

STEP 5



Sew Triple Dot in Moss pieces to each end of the Budding material.



STEP 6



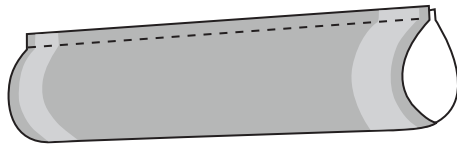
Sew finished piping to the ends of the Triple Dot in Moss material.



STEP 7



Sew top of material to bottom to form the main body of the pillow.

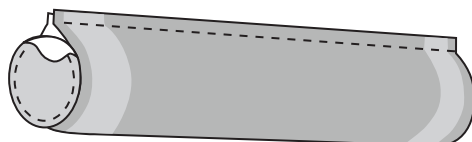
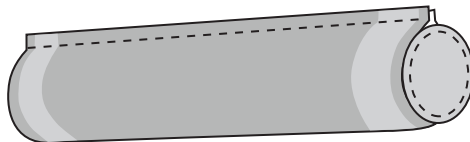


STEP 8



With the material still turned inside out, sew on circles to each end.

* Leave one end of the circle open to allow room for placing stuffing inside pillow.



STEP 9



Turn pillow inside out then stuff pillow with desired amount of stuffing.



STEP 9



Sew open end shut and enjoy your new pillow!

