



carina<sup>TM</sup>  
gardner

DRESS UP<sup>TM</sup> QUILT PATTERN  
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patterns



## dress up™ quilt instructions

Fabric designed by Carina Gardner  
Quilt designed by Carina Gardner  
Quilt skill level: Beginner  
Finished Size: 72" x 89"

NOTE: Please read through all instructions before starting this quilt. **All seams are 1/4" inless otherwise noted.**

### Yardage

3 yards of white fabric (tone on tone designs work well. We use the Love Nest™ white flower fabric)  
3/8 yard each of 10 coordinating fabrics for the blocks (We use 10 of the fabrics from Dress Up™ in our example.)  
7/8 yard for border fabric  
1 yard for binding

### Tools Needed

Ruler/rotary ruler and/or yardstick  
Scissors and/or rotary cutter and mat  
Hand-sewing needle  
Iron

### Blocks

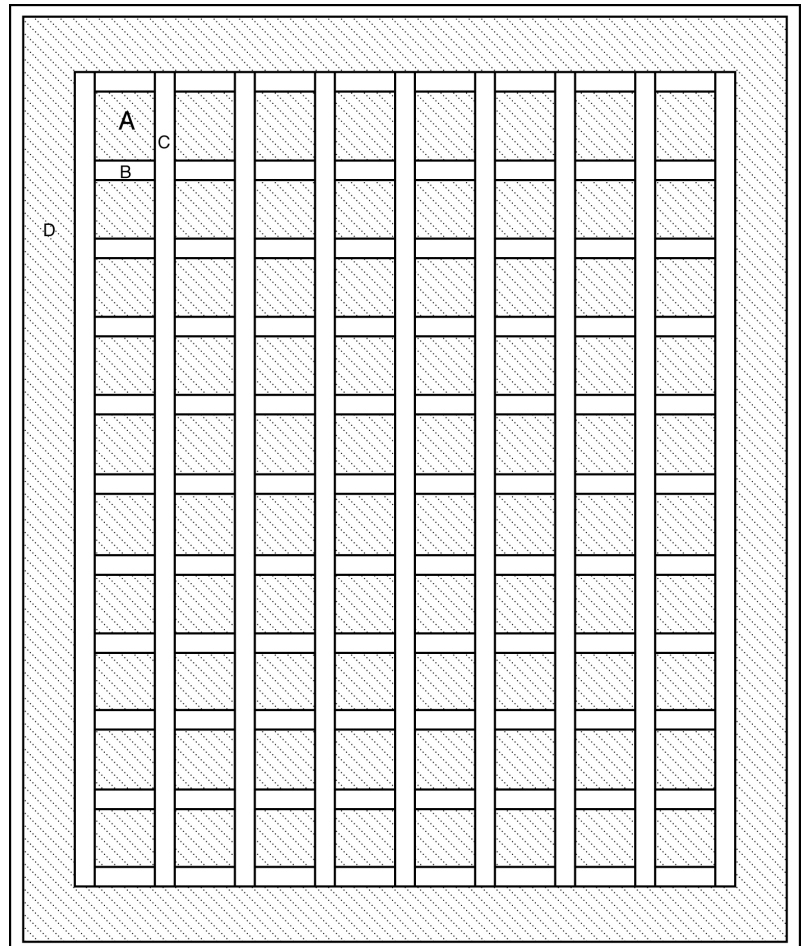
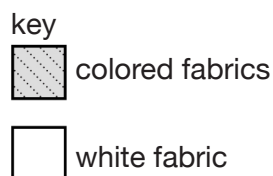
There are three types of blocks to cut out. First is eighty 6.5" x 6.5" colored blocks. These blocks can be cut from scraps of fabric or using the yardage above. The second block includes eighty-eight 2.5" x 6.5" white blocks. The third block includes eighteen 2.5" x 42" white strips.



Final strips cut:

- A. 80 colored blocks (6.5" x 6.5") all fabrics
- B. 88 white blocks (2.5" x 6.5")
- C. 18 white strips (2.5" x 42")
- D. 8 border pieces (3.5" x 42")

Final number of blocks: 186



## Instructions

1. Lay down the first vertical strip of the quilt by alternating block B (white) and block A (color). Start and end with block B. Use 10 A blocks and 11 B blocks in one strip.

Sew together the blocks by placing wrong-sides of the fabric out and right-sides together. Sew until the entire strip is one continuous piece. Press. Repeat 7 more times with the remaining A and B blocks until there are 8 long strips.

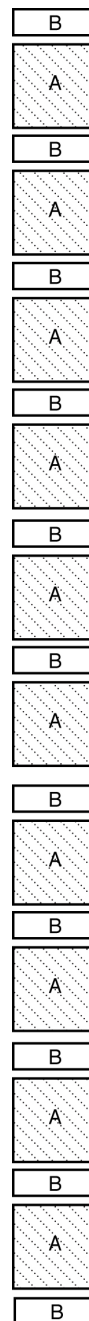
2. Next, sew together the short end of two of block C by placing right-sides together. Press flat.

Repeat with the remaining C blocks to create 9 vertical strips.

3. Lay out the vertical strips starting with a C strip. Alternate the strips between the A-B vertical strip and the C strips. A C strip will start and end the quilt.

Sew together the pieces with right-sides facing in. Press. Cut off any excess material on the vertical strips of block C (These pieces will be longer than the A-B strip and will need to be trimmed.)

1.



key



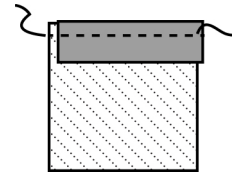
right-side of color fabrics



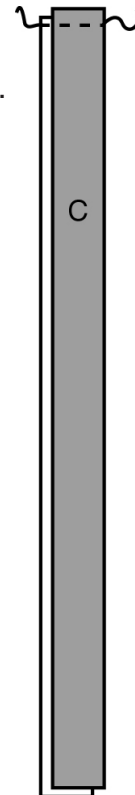
right-side of white fabric



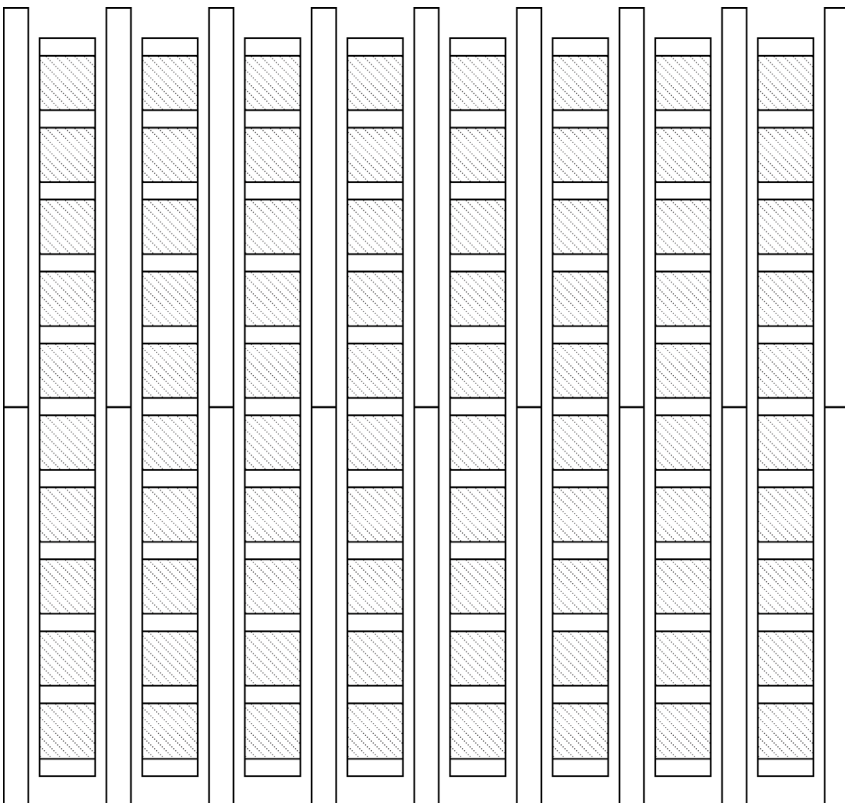
wrong-side of fabrics



2.



3.





## Instructions (continued)

4. Add the border of the quilt by sewing together two each of block D. There will be 4 finished strips.

5. Sew together the border to the quilt by first placing a strip on the vertical edges of the quilt (longest edge). Sew together the border to the quilt by placing right-sides together. Press.

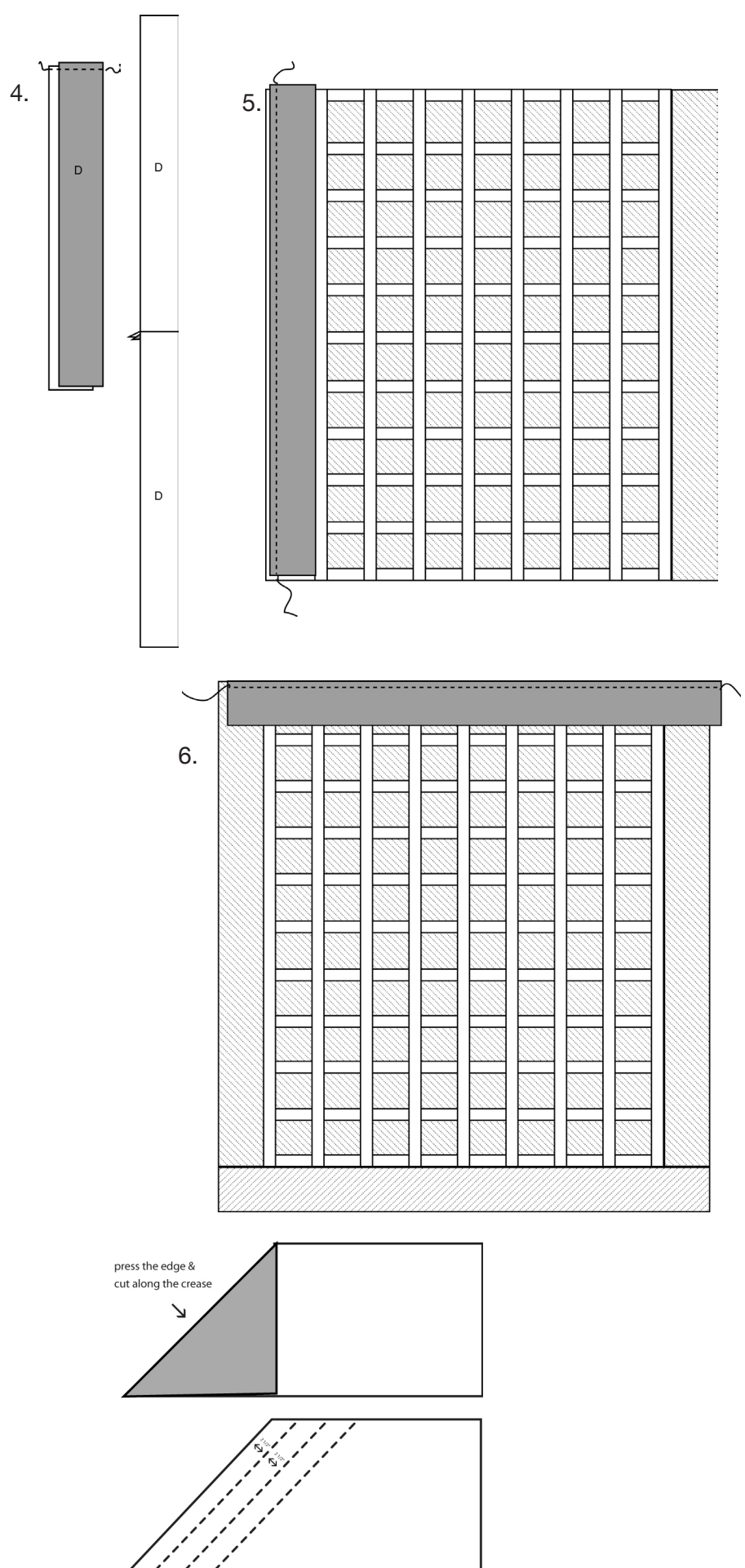
6. Finish the border by sewing the the final two boarder strips (D) to the top and bottom of the quilt. Place right-sides together and sew along the edge. Press.

7. Prepare the back the quilt by measuring the final size of your quilt and preparing the fabric (usually by sewing together 3-4 yards with another 3-4 yards of fabric).

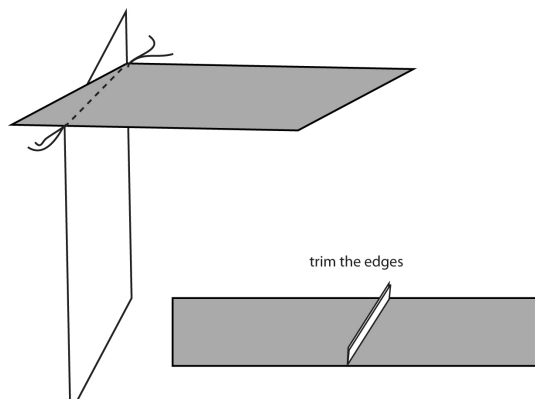
8. Have the quilt machine-quilted or use a walking foot to sew together the front, batting, and back.

9. Cut the bias for your quilt by opening your fabric. Lay it RIGHT side up. Fold one corner RIGHT sides together matching one selvage edge to make a triangle and press the edge. Open the fabric and cut along the creased edge.

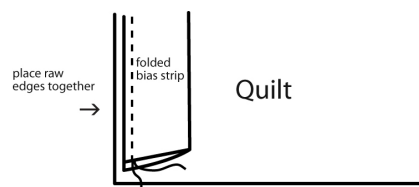
Measure and mark 2 1/2" from each end of the cut edge. Continue to cut strips by measuring out 2 1/2" evenly along the original cut.



10. Join the bias strips into one continuous piece by placing the end of the strips perpendicular to each other with the RIGHT sides together. Stitch across the diagonal edges. Trim the edges. Continue to sew together strips until you have a long enough piece to cover the edge of the quilt.

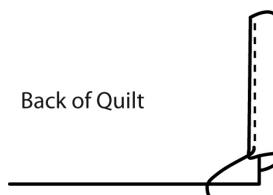


11. Fold the bias strips in half. Match the raw edge of the bias strip with the raw edge of the quilt.



Sew together the bias strip to the front of the quilt. Close with a perfect bind.

Hand-sew the binding to the back of the quilt.



*Hints about this quilt:*

*We love this quilt because the white blocks make the fabrics shine! Using scraps works really well in a quilt like this because the white blocks balance out the colors.*

